

Institute of Neurology
Pediatric Epilepsy Monitoring Unit Instructions
(973) 322-7580

Your child has been scheduled for admission to the Epilepsy Monitoring Unit. Please understand that your admission is based on availability of beds and prior authorization from your insurance company. We will not know until the day of admission, your arrival time. The given date is tentative. Every attempt will be made to conform to the assigned date. We will monitor the brain's activity using both EEG equipment and video cameras to videotape the body movements during a seizure. The electrodes will stay in place on your scalp during the entire stay in the unit. The average length of stay is from two to five days. Your child may share a room with another child during the hospital stay. During your child's admission:

- A light will be kept on in the room in order for the camera to visualize your child.
- The nurse will come into the room periodically to check on your child.
- Your child's room may need to be changed during the hospital stay in order to accommodate emergencies.

It is suggested that one of the parent's stay with their child at all times. Our neurologists, Dr. Eric Geller, Dr. Rina Goldberg, Dr Aviva Bojko, Dr Mangala Nadkarni, Dr. Guha Venkatraman or Dr Lara Morse, along with the medical residents will monitor your child's progress. The results of your child's monitoring will be discussed with you in the office on your follow up visit.

Depending on the goals for the admission, it may be necessary to reduce the dosage or stop the anticonvulsant medication that your child is taking. Please bring all medications your child is taking in their original bottles to the hospital. **If your child is on any of the following medications, please be sure to bring them with you as the hospital pharmacy may not have them available.**

Felbatol (Felbamate)
Sabril (Vigabatrin)

Frisium (Clobazam) **NO GUM CHEWING******
Lyrica (Pregabalin)

We also ask that no medication be given to your child in the hospital without the knowledge of your child's nurse.

We may also use sleep deprivation or visual stimulation in an attempt to elicit a seizure. Have your child bring along their favourite puzzles, games or books to read. Both Nintendo 64 and Super Nintendo are available for your child's use. You may wish to bring your own hand held battery operated video games from home. Students will find that this is a good time to catch up on their homework. They do not need to wear a hospital gown unless they choose to. Plan for them to wear button down or loose fitting shirts, and shorts, jeans or sweatpants. **Please arrive with clean, dry hair; free of any styling products, braids or hair weaves.** Most of the time they will be relaxing in bed or in the bedside chair. Due to safety reasons, their walks outside of their room are limited and a staff member must accompany them.

Individual treatment plans may differ. If you have questions you may discuss it with your doctor.

When you arrive at the medical center, enter through the main lobby and proceed to the admitting office (take your first right before the information desk and admitting is the first door on your left). If you have any insurance questions, call Carole Werhle at (973) 322-7257. If you need to cancel or reschedule this admission please call Debbie Janoff at (973) 322-7154.

****SBMC 94 OLD SHORT HILLS RD, LIVINGSTON NJ 07039 (973) 322-5000****